



SUSTAINABLE TEACHING CURRICULUM  
LESSON PLAN

## Spring Nature Walk

Primary Subject- Science, Social Studies

### Objectives:

- Students will learn how to observe the world around them through observations with each sense.
- Students will recognize the changes in the environment that come with the seasons.

### Materials:

- journals that will be used for all “sustainable” activities
- pencil or something to write/ draw with

### Introduction:

#### 1. Anticipatory Set

- “Has anyone noticed that the weather and environment are always changing?”
- “Does anyone know why everything is changing?”
  - “Because it’s Spring!”
- “Remember when we took a walk in the winter and fall to observe the environment?”
  - “We are going to do that again for spring.”

2. Purpose: To recognize the changes that come because of the seasons.

### Major Instructional Sequence:

- Take a sensory nature walk
  - Separate into smaller groups by assigning each teacher 4 or 5 students
  - Go outside and begin examining nature by using each individual sense
    - Ask students to close their eyes and tell you what they hear
    - Ask students to open their eyes and tell you what colors they see
    - Ask students to smell nature and tell you what it smells like
    - Ask students for general observations about anything that specifically attracts their attention

- Have students take 5 to 10 minutes to observe in their journals
  - Have them write and draw the differences they observe between the seasons
- Go back inside and reflect on what you observed
  - “What did you guys notice that is different now than what we observed in the winter.”

Concluding Sequence:

3. Have everyone share with each other (or their neighbors) what they learned and liked best while they were outside

4. What we learned:

- How to observe nature with or senses
- An appreciation for the world around us

**Background:**

Students need a reason to practice a sustainable life style. If students begin to establish a connection with the environment, they will want to protect. This lesson plan is meant to expose students to the beauty that can be found in nature.

Vocabulary:

**Observe-** to use your senses to understand something

**Senses-** a faculty (or something) the body uses to understand the world around it

\*The five senses include: Smell, taste, sight,\*